

## **DECLARATION BY THE SCHOLAR**

I **K. AKILA**, Part Time Research Scholar hereby declare that the dissertation entitled **“EFFECT OF INTEGRATED YOGA MODULES WITH AND WITHOUT SATVIC DIET ON SELECTED PHYSICAL, PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG COLLEGE FEMALE STUDENTS”** submitted to Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai for the Award of Doctor of Philosophy in Physical Education is my original work and it has not previously formed the basis for the award of any degree, diploma, associate ship, fellowship or any other similar titles to any candidate of any university.

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Date:

**(K. AKILA)**